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Urgent Message from Mother Gather the Women, Save the World **Jean Shinoda Bolen, M.D.**

In Jean Bolen's poetic polemic, **Urgent Message from Mother** (Conari Press, September 2005), she explores both the psychological and the scientific aspects of women as leaders together. She begins with a Jungian examination of the barren Fisher King whose wound can only be healed by the Holy Grail; emphasizing the idea of the Holy Grail archetype as "every woman's secret" and the transformative power of the sacred feminine – the Goddess, Gaia, Earth Mother. Bolen then moves to Rupert Sheldrake's "Theory of Morphic Resonance," which describes how societies and even species can undergo rapid evolution when they reach a tipping point. She explains "we learned that women gathering together in groups and telling the truth of their lives can actually change the world."

Bolen points to a fascinating UCLA study proving that women react to stress differently than their male counterparts. Instead of the "fight or flight" reaction, women have a "tend and befriend" response as a result of an increase in oxytocin, the maternal bonding hormone. While men become more adrenalized and aggressive, women nurture and protect – biologically. From this and other compelling evidence Bolen makes a strongly convincing case that *now* is the time for women to lead – to fiercely protect all that we love.

Urgent Message from Mother offers a unique combination of visionary thinking and practical how-to and is Jean Shinoda Bolen's most activist work to-date. Written in a lyrical language that inspires, this book seeks to galvanize the still untapped power of women coming together to change our world.

Jean Shinoda Bolen, M.D. is an internationally known author, speaker and workshop leader who draws from spiritual, feminist, Jungian, medical, and personal wellsprings of experience. She is a Jungian analyst, psychiatrist and clinical professor at the University of California Medical Center in San Francisco, and is the author of *The Tao of Psychology; Goddesses in Everywoman; Gods in Everyman. Ring of Power; Crossing to Avalon; Close to the Bone; The Millionth Circle, Goddesses in Older Women, Cronos Don't Whine* and most recently *Urgent Message From Mother: Gather the Women, Save the World*.

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Urgent Message from Mother by Jean Shinoda Bolen, M.D.; Published by Conari Press; Publication date: September, 2005; Price: \$16.95; ISBN 1-57324-265-9; Hardcover; Category: Women's Interest; Available soon at bookstores everywhere or through the publisher at (800) 423-7087, orders@redwheelweiser.com, or www.redwheelweiser.com.